



don't know much about united methodism (methodism 101) — sid hall

This class, taught by our pastor Sid Hall, will explore the roots of United Methodism, as well as the strengths and weakness of United Methodism today. We'll look closely at the life and teachings of John Wesley, Methodism's founder, and some of the hymns by his brother, Charles Wesley. (Two seasonal hymns you may be familiar with are "Hark! The Herald Angels Sing" and "Christ the Lord Is Risen Today.") We'll explore the role of United Methodism in social history, especially in the areas of slavery, women's suffrage, child labor laws, peace advocacy, civil rights, and homosexuality. In addition to history, we'll talk about key aspects of

Methodist theology, such as Grace and Ecumenism; key rituals, such as Baptism and Communion; and key ethics, such as the historical commitment to combine "personal holiness" and "social holiness." We'll also briefly review the primary framework for Methodism's structure and polity. So, you don't know much about United Methodism? Come to this 5-week class and learn about the primary components of what it means to be United Methodist. Book: *United Methodism in America*: A Compact History, edited by John G. McEllhenney (1992). (\$10)

end-of-life planning — jim kvale and jimmy alan hall

Jim Kvale, MD, will be focusing on decision making and health care. An advance directive can serve as a means of recording your wishes about how you wish to be cared for beginning long before you have the awareness of dying. It also serves as a means of starting conversations with the important people in your life about how you wish to take control of your decisions. Jim will be presenting many scenarios of the probable diseases and choices surrounding management that you would want to be in control of. He hopes that the time together will be a conversation, sharing complex issues in a language that you can understand. Jimmy Alan Hall, JD,



will be assisting Jim. Jimmy Alan will draw from the book *Wants, Wishes, and Wills: A Medical and* Legal Guide to Protecting Yourself and Your Family in Sickness and in Health by Wynne Whitman, JD and Shawn Glisson, MD. Jimmy Alan will assist in the "planning ahead" process and decision-making by you and your family members/ loved ones.



uppity women of the bible: esther — krista gregory

Uppity Women of the Bible returns with the story of Esther, the Jewish queen of Persia who saved her people from a brutal persecution. This DVD-based course features Old Testament scholar Lisa Wolfe. Esther is a self contained course, and you will enjoy the class even if you missed our first two sessions.



team lydia

Team Lydia is named after Lydia in the book of Acts. She was a dealer of purple cloth, which meant that she was prob-

ably wealthy and influential. She was baptized by Paul and used her wealth to support the early church. Team Lydia is designed to be a meeting place for people who want to use their creative wealth to support the ongoing missions of Trinity. No experience is needed and all kinds of textiles are used. No need to register—just show up!



children's activities

Children enjoy fun and games in the education wing. Activities are designed for the ages of the children registered, so please make

sure to include your child's name and age on the form below.

dinners—wednesdays at 6 pm



You can purchase meals below, or you are welcome to bring your own dinner and commune with friends old and new. This session's meals come to us from Chef Jen of the Ginger Armadillo!



register online at http://bit.ly/Wellsprings

Name(s):	Phone #:		
Email:			
	# People \$	Total	
Class Please note name(s) by class(es).	x \$20	\$	 □ Don't Know Much About United Methodism □ End-of-Life Planning □ Uppity Women of the Bible: Esther
Book	x \$10	\$	☐ United Methodism in America
Please note name(s) and age(s).	FREE	FREE	☐ Children's Activities
All 5 Wed. Meals (Adult)	x \$32.50	\$	#Veggie #Non-Veggie
All 5 Wed. Meals (Child)	x \$25	\$	#Veggie #Non-Veggie
Individual Wed. Meals (Adult) Use this option if you are NOT attending all meals.	x \$8	\$	#Veggie Date(s): #Non-Veggie Date(s):
Individual Wed. Meals (Child) Use this option if you are NOT attending all meals.	x \$6	\$	#Veggie Date(s): #Non-Veggie Date(s):
	Total Included	\$	